

Swim School

SESSIONS 5-9 | 2023/24



About Our Swim Program

Our instructional swim clinics teach the skills necessary to ensure fun, safe experience in the water. Both drills and interactive games are utilized to practice swimming skills. Clinics are open to both members and non-members. If you are unsure which level is appropriate, please contact our Aquatics Director, Marie Bondie, at (734) 665-3738, ext. 154 or marie.bondie@libertyathletic.net.

Registration Dates

Session 5 & 6

Member

December 4, 2023

Non-Member

December 18, 2023

Session 7 & 8

Member

February 5, 2024

Non-Member

February 19, 2024

Session 9

Member

April 1, 2024

Non-Member

April 15, 2024



Parent Child

6-36 Months

Instructor to student ratio is 1:8. Class focuses on becoming comfortable in the water and developing underwater reactions for children under three years of age. This is a great class to help prepare your child for a class on his/ her own. (*Lagoon Plunge Pool*)

Saturdays *Excludes 5/25

10-10:30am

1/13-1/27	3 mtgs	\$48 (\$57)	Session 5
2/3-2/24	4 mtgs	\$64 (\$76)	Session 6
3/2-3/16	3 mtgs	\$48 (\$57)	Session 7
4/6-4/27	4 mtgs	\$64 (\$76)	Session 8
5/4-6/8	5 mtgs	\$80 (\$95)	Session 9

Sundays *Excludes 5/26

9:30-10am

1/14-1/28	3 mtgs	\$48 (\$57)	Session 5
2/4-2/25	4 mtgs	\$64 (\$76)	Session 6
3/3-3/17	3 mtgs	\$48 (\$57)	Session 7
4/7-4/28	4 mtgs	\$64 (\$76)	Session 8
5/5-6/9	5 mtgs	\$80 (\$95)	Session 9

Playtime for Polliwogs

2-4 Years

Instructor to student ratio is 1:4. Your child will have a blast during this aquatic adventure! Class is appropriate for children who are ready to explore water without a parent, gain self-confidence, walk independently in the water, blow bubbles, and more. The class is centered on songs and games that prepare children for future learn-to-swim programs. (*Lagoon Zero Depth*)

Mondays *Excludes 5/27

9-9:30am

5-5:30pm

1/8-1/29	4 mtgs	\$64 (\$76)	Session 5
2/5-2/26	4 mtgs	\$64 (\$76)	Session 6
3/4-3/18	3 mtgs	\$48 (\$57)	Session 7
4/1-4/22	4 mtgs	\$64 (\$76)	Session 8
4/29-6/3	5 mtgs	\$80 (\$95)	Session 9

Wednesdays

5-5:30pm

1/10-1/31	4 mtgs	\$64 (\$76)	Session 5
2/7-2/28	4 mtgs	\$64 (\$76)	Session 6
3/6-3/20	3 mtgs	\$48 (\$57)	Session 7
4/3-4/24	4 mtgs	\$64 (\$76)	Session 8
5/1-6/5	6 mtgs	\$96 (\$114)	Session 9

Saturdays *Excludes 5/25

10-10:30am

1/13-1/27	3 mtgs	\$48 (\$57)	Session 5
2/3-2/24	4 mtgs	\$64 (\$76)	Session 6
3/2-3/16	3 mtgs	\$48 (\$57)	Session 7
4/6-4/27	4 mtgs	\$64 (\$76)	Session 8
5/4-6/8	5 mtgs	\$80 (\$95)	Session 9

Sundays *Excludes 5/26

9:30-10am

1/14-1/28	3 mtgs	\$48 (\$57)	Session 5
2/4-2/25	4 mtgs	\$64 (\$76)	Session 6
3/3-3/17	3 mtgs	\$48 (\$57)	Session 7
4/7-4/28	4 mtgs	\$64 (\$76)	Session 8
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Policies

1st Fee = Member Rate
2nd Fee = Non-member Rate

- 48-Hour cancellation policy applies to each swim session
- No prorations given for missed swim classes within a session
- Non-members participating in Liberty's swim programs are permitted to use the pool only during scheduled clinics and/or lessons
- Classes are subject to cancellation
- When lightning is sighted during swim lessons, a dry land lesson will be taught
- In the event your instructor is unable to teach, you will have a substitute instructor
- Exceptions to the age requirements may be granted upon approval from the instructor or program director

Fish 1

4-8 Years (or instructor permission)

Instructor to student ratio is 1:4. This class emphasizes becoming comfortable and having fun in the pool. While adjusting to the water, children will learn pool rules, how to enter and exit the water independently, basic paddle stroke motions, *blowing bubbles and more.* (Lagoon Plunge Pool)

Mondays *Excludes 5/27			
9:30-10am		5:30-6pm	
1/8-1/29	4 mtgs \$64 (\$76)	Session 5	
2/5-2/26	4 mtgs \$64 (\$76)	Session 6	
3/4-3/18	3 mtgs \$48 (\$57)	Session 7	
4/1-4/22	4 mtgs \$64 (\$76)	Session 8	
4/29-6/3	5 mtgs \$80 (\$95)	Session 9	

Wednesdays			
5:30-6pm			
1/10-1/31	4 mtgs \$64 (\$76)	Session 5	
2/7-2/28	4 mtgs \$64 (\$76)	Session 6	
3/6-3/20	3 mtgs \$48 (\$57)	Session 7	
4/3-4/24	4 mtgs \$64 (\$76)	Session 8	
5/1-6/5	6 mtgs \$96 (\$114)	Session 9	

Saturdays *Excludes 5/25			
10:30-11am		11-11:30am	
1/13-1/27	3 mtgs \$48 (\$57)	Session 5	
2/3-2/24	4 mtgs \$64 (\$76)	Session 6	
3/2-3/16	3 mtgs \$48 (\$57)	Session 7	
4/6-4/27	4 mtgs \$64 (\$76)	Session 8	
5/4-6/8	5 mtgs \$80 (\$95)	Session 9	

Sundays *Excludes 5/26			
10-10:30am		10:30-11am	
1/14-1/28	3 mtgs \$48 (\$57)	Session 5	
2/4-2/25	4 mtgs \$64 (\$76)	Session 6	
3/3-3/17	3 mtgs \$48 (\$57)	Session 7	
4/7-4/28	4 mtgs \$64 (\$76)	Session 8	
5/5-6/9	5 mtgs \$80 (\$95)	Session 9	

Fish 2

4-9 Years (or instructor permission)

Instructor to student ratio is 1:4. For children who have mastered Fish 1 skills. Children will learn functional flutter kick, basic arm movements, and front and back float. By the end of this class, children will swim independently for the first time and gain a better understanding of pool safety. (Lagoon Plunge Pool)

Mondays			
10-10:30am			
5-5:30pm		5:30-6pm	
1/8-1/29	4 mtgs \$64 (\$76)	Session 5	
2/5-2/26	4 mtgs \$64 (\$76)	Session 6	
3/4-3/18	3 mtgs \$48 (\$57)	Session 7	
4/1-4/22	4 mtgs \$64 (\$76)	Session 8	
4/29-6/3	5 mtgs \$80 (\$95)	Session 9	

Wednesdays			
5-5:30pm			
1/10-1/31	4 mtgs \$64 (\$76)	Session 5	
2/7-2/28	4 mtgs \$64 (\$76)	Session 6	
3/6-3/20	3 mtgs \$48 (\$57)	Session 7	
4/3-4/24	4 mtgs \$64 (\$76)	Session 8	
5/1-6/5	6 mtgs \$96 (\$114)	Session 9	

Saturdays *Excludes 5/25			
10:30-11am		11-11:30am	
1/13-1/27	3 mtgs \$48 (\$57)	Session 5	
2/3-2/24	4 mtgs \$64 (\$76)	Session 6	
3/2-3/16	3 mtgs \$48 (\$57)	Session 7	
4/6-4/27	4 mtgs \$64 (\$76)	Session 8	
5/4-6/8	5 mtgs \$80 (\$95)	Session 9	

Sundays *Excludes 5/26			
10-10:30am		10:30-11am	
1/14-1/28	3 mtgs \$48 (\$57)	Session 5	
2/4-2/25	4 mtgs \$64 (\$76)	Session 6	
3/3-3/17	3 mtgs \$48 (\$57)	Session 7	
4/7-4/28	4 mtgs \$64 (\$76)	Session 8	
5/5-6/9	5 mtgs \$80 (\$95)	Session 9	



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Private/Semi-Private Swim Lessons

To book a private or semi-private swim lesson, please complete the Interest for [Private Lessons Form](#) located on the Liberty Athletic Club website under aquatics.

Private Lessons

30 minutes \$37 (\$50)
45 minutes \$49 (\$67)
60 minutes \$59 (\$82)

Semi-Private Lessons

30 minute

2 people \$23 (\$29)
3 people \$17 (\$21)
4 people \$15 (\$18)

45 minute

2 people \$30 (\$38)
3 people \$23 (\$27)
4 people \$21 (\$24)

60 minute

2 people \$38 (\$47)
3 people \$27 (\$33)
4 people \$22 (\$27)

Fish 3

4-10 Years (or instructor permission)

Instructor to student ratio is 1:4. This class Instructor to student ratio is 1:4. For children who have mastered Fish 2 skills. Children will learn front and back crawl, elementary backstroke, treading water, breaststroke kick, backyard pool safety and more. (*Lagoon Plunge Pool*)

Mondays *Excludes 5/27			
10:30-11am			
5-5:30pm		5:30-6pm	
1/8-1/29	4 mtgs \$64 (\$76)	Session 5	
2/5-2/26	4 mtgs \$64 (\$76)	Session 6	
3/4-3/18	3 mtgs \$48 (\$57)	Session 7	
4/1-4/22	4 mtgs \$64 (\$76)	Session 8	
4/29-6/3	5 mtgs \$80 (\$95)	Session 9	

Wednesdays			
5-5:30pm		5:30-6pm	
1/10-1/31	4 mtgs \$64 (\$76)	Session 5	
2/7-2/28	4 mtgs \$64 (\$76)	Session 6	
3/6-3/20	3 mtgs \$48 (\$57)	Session 7	
4/3-4/24	4 mtgs \$64 (\$76)	Session 8	
5/1-6/5	6 mtgs \$96 (\$114)	Session 9	

Saturdays *Excludes 5/25			
10:30-11am		11-11:30am	
1/13-1/27	3 mtgs \$48 (\$57)	Session 5	
2/3-2/24	4 mtgs \$64 (\$76)	Session 6	
3/2-3/16	3 mtgs \$48 (\$57)	Session 7	
4/6-4/27	4 mtgs \$64 (\$76)	Session 8	
5/4-6/8	5 mtgs \$80 (\$95)	Session 9	

Sundays *Excludes 5/26			
10-10:30am		10:30-11am	
1/14-1/28	3 mtgs \$48 (\$57)	Session 5	
2/4-2/25	4 mtgs \$64 (\$76)	Session 6	
3/3-3/17	3 mtgs \$48 (\$57)	Session 7	
4/7-4/28	4 mtgs \$64 (\$76)	Session 8	
5/5-6/9	5 mtgs \$80 (\$95)	Session 9	

Fish 4

4-11 Years (or instructor permission)

Instructor to student ratio is 1:4. For children who have mastered Fish 3 and are comfortable in deep water. Students will fine tune the front crawl with rotary breathing, back crawl, breaststroke, sidestroke, and elementary backstroke. This class will build endurance, master the skill of treading water, front and back floats, streamline/ pullouts, and introduce the children to the butterfly. (*Lagoon Log Pool*)

Mondays *Excludes 5/27			
5-5:45pm		5:45-6:30pm	
1/8-1/29	4 mtgs \$84 (\$104)	Session 5	
2/5-2/26	4 mtgs \$84 (\$104)	Session 6	
3/4-3/18	3 mtgs \$63 (\$78)	Session 7	
4/1-4/22	4 mtgs \$84 (\$104)	Session 8	
4/29-6/3	5 mtgs \$105 (\$130)	Session 9	

Wednesdays			
5-5:45pm		5:45-6:30pm	
1/10-1/31	4 mtgs \$84 (\$104)	Session 5	
2/7-2/28	4 mtgs \$84 (\$104)	Session 6	
3/6-3/20	3 mtgs \$63 (\$78)	Session 7	
4/3-4/24	4 mtgs \$84 (\$104)	Session 8	
5/1-6/5	6 mtgs \$126 (\$156)	Session 9	

Saturdays *Excludes 5/25			
10:30-11:15am		11:15am-12pm	
1/13-1/27	3 mtgs \$63 (\$78)	Session 5	
2/3-2/24	4 mtgs \$84 (\$104)	Session 6	
3/2-3/16	3 mtgs \$63 (\$78)	Session 7	
4/6-4/27	4 mtgs \$84 (\$104)	Session 8	
5/4-6/8	5 mtgs \$105 (\$130)	Session 9	

Sundays *Excludes 5/26			
10-10:45am		10:45-11:30am	
1/14-1/28	3 mtgs \$63 (\$78)	Session 5	
2/4-2/25	4 mtgs \$84 (\$104)	Session 6	
3/3-3/17	3 mtgs \$63 (\$78)	Session 7	
4/7-4/28	4 mtgs \$84 (\$104)	Session 8	
5/5-6/9	5 mtgs \$105 (\$130)	Session 9	



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Fish 5

5-12 Years (or instructor permission)

For children who have mastered Fish 4 and can swim 25 yards front crawl, backstroke, breaststroke, sidestroke, elementary backstroke, and 25-yard butterfly. The goal of this class is to increase endurance and speed, and improve stroke technique. (Indoor Lap Pool)

Mondays *Excludes 5/27			
5-5:45pm			
1/8-1/29	4 mtgs	\$72 (\$92)	Sesh 5
2/5-2/26	4 mtgs	\$72 (\$92)	Sesh 6
3/4-3/18	3 mtgs	\$54 (69)	Sesh 7
4/1-4/22	4 mtgs	\$72 (\$92)	Sesh 8
4/29-6/3	5 mtgs	\$90 (\$115)	Sesh 9

Wednesdays			
5-5:45pm			
1/10-1/31	4 mtgs	\$72 (\$92)	Sesh 5
2/7-2/28	4 mtgs	\$72 (\$92)	Sesh 6
3/6-3/20	3 mtgs	\$54 (69)	Sesh 7
4/3-4/24	4 mtgs	\$72 (\$92)	Sesh 8
5/1-6/5	6 mtgs	\$108 (\$138)	Sesh 9

Saturdays *Excludes 5/25			
10:30-11:15am			
1/13-1/27	3 mtgs	\$54 (69)	Sesh 5
2/3-2/24	4 mtgs	\$72 (\$92)	Sesh 6
3/2-3/16	3 mtgs	\$54 (69)	Sesh 7
4/6-4/27	4 mtgs	\$72 (\$92)	Sesh 8
5/4-6/8	5 mtgs	\$90 (\$115)	Sesh 9

Sundays *Excludes 5/26			
10-10:45am			
1/14-1/28	3 mtgs	\$54 (69)	Sesh 5
2/4-2/25	4 mtgs	\$72 (\$92)	Sesh 6
3/3-3/17	3 mtgs	\$54 (69)	Sesh 7
4/7-4/28	4 mtgs	\$72 (\$92)	Sesh 8
5/5-6/9	5 mtgs	\$90 (\$115)	Sesh 9

Fish 6

5-13 Years (or instructor permission)

For children who have mastered Fish 5 and can swim 100-yard front crawl, backstroke, breaststroke, sidestroke, elementary backstroke, and 50-yard butterfly. This swim-team prep class focuses on increasing endurance, swimming an IM, and improving flip turns and pullouts. (Indoor Lap Pool)

Mondays *Excludes 5/27			
5:45-6:30pm			
1/8-1/29	4 mtgs	\$72 (\$92)	Sesh 5
2/5-2/26	4 mtgs	\$72 (\$92)	Sesh 6
3/4-3/18	3 mtgs	\$54 (69)	Sesh 7
4/1-4/22	4 mtgs	\$72 (\$92)	Sesh 8
4/29-6/3	5 mtgs	\$90 (\$115)	Sesh 9

Wednesdays			
5:45-6:30pm			
1/10-1/31	4 mtgs	\$72 (\$92)	Sesh 5
2/7-2/28	4 mtgs	\$72 (\$92)	Sesh 6
3/6-3/20	3 mtgs	\$54 (69)	Sesh 7
4/3-4/24	4 mtgs	\$72 (\$92)	Sesh 8
5/1-6/5	6 mtgs	\$108 (\$138)	Sesh 9

Saturdays *Excludes 5/25			
11:15am-12pm			
1/13-1/27	3 mtgs	\$54 (69)	Sesh 5
2/3-2/24	4 mtgs	\$72 (\$92)	Sesh 6
3/2-3/16	3 mtgs	\$54 (69)	Sesh 7
4/6-4/27	4 mtgs	\$72 (\$92)	Sesh 8
5/4-6/8	5 mtgs	\$90 (\$115)	Sesh 9

Sundays *Excludes 5/26			
10:45-11:30am			
1/14-1/28	3 mtgs	\$54 (69)	Sesh 5
2/4-2/25	4 mtgs	\$72 (\$92)	Sesh 6
3/3-3/17	3 mtgs	\$54 (69)	Sesh 7
4/7-4/28	4 mtgs	\$72 (\$92)	Sesh 8
5/5-6/9	5 mtgs	\$90 (\$115)	Sesh 9

Swim Team Workout

8-17 Years (or instructor permission)

This class is designed for kids who have reached the Fish 5 level and wish to swim competitively. This class emphasizes technique and endurance. All four competitive strokes, and racing flip turns will be covered. (Indoor Lap Pool)

Mondays *Excludes 5/27			
6:30-7:30pm			
1/8-1/29	4 mtgs	\$76 (\$92)	Sesh 5
2/5-2/26	4 mtgs	\$76 (\$92)	Sesh 6
3/4-3/18	3 mtgs	\$57(\$69)	Sesh 7
4/1-4/22	4 mtgs	\$76 (\$92)	Sesh 8
4/29-6/3	5 mtgs	\$95 (\$115)	Sesh 9

Wednesdays			
6:30-7:30pm			
1/10-1/31	4 mtgs	\$76 (\$92)	Sesh 5
2/7-2/28	4 mtgs	\$76 (\$92)	Sesh 6
3/6-3/20	3 mtgs	\$57(\$69)	Sesh 7
4/3-4/24	4 mtgs	\$76 (\$92)	Sesh 8
5/1-6/5	6 mtgs	\$114 (\$138)	Sesh 9

Sundays *Excludes 5/26			
12-1pm			
1/14-1/28	3 mtgs	\$57(\$69)	Sesh 5
2/4-2/25	4 mtgs	\$76 (\$92)	Sesh 6
3/3-3/17	3 mtgs	\$57(\$69)	Sesh 7
4/7-4/28	4 mtgs	\$76 (\$92)	Sesh 8
5/5-6/9	5 mtgs	\$95 (\$115)	Sesh 9

