### **GENERAL CLUB INFORMATION**

#### **HOURS OF OPERATION**

Mon-Fri 5:30am-9pm Saturday 7am-7:30pm Sunday 7am-9pm

#### **BUSINESS OFFICE**

Mon-Fri 9am-2pm

#### **MEMBERSHIP SALES**

Mon -Thu 10am-7pm Friday 10am-4:30pm Saturday 10am-4pm Sunday 10am-4pm

To schedule an appointment, please contact the Membership Sales Department by phone at 734.665.3738 ext.112 or via email at sales@libertyathletic.net

# **CAFÉ LIBERTY**

Monday - Saturday 8:30am-2pm (8/12-8/24)

Sunday 10am-2pm (8/25)

Monday - Thursday 8:30am-2pm (8/26-8/29) Friday 8:30am-1pm (8/30)

Sat & Sun To go items available (8/31-9/1)

# **SPLASH CAFÉ** (outdoors)

Monday-Sunday 10:30am-7:30pm (8/12-8/25) Monday-Thursday 3:30pm-7pm (8/26-8/29) Friday-Sunday 10:30am-7pm (8/30-9/1)

#### TREE HOUSE ACTIVITY CENTER

Monday - Sunday 8:30am-1pm

Monday, Tuesday, Thursday 4:00pm-7:00pm

#### INDOOR LAP POOL AVAILABILITY

Reservations for lap swimming may be made starting at 12am two days in advance through the mobile app or online member portal.

## **CLUBWIDE GUEST FEES**

Age 11 & under	\$12
Tennis/Pickleball Only	\$12
Age 12-17	\$15
Age 18 & up	\$18
IHRSA	\$9

### **GENERAL CLUB INFORMATION**

#### **Basketball Court Reserved Times**

**Group Fitness** 6-7am Monday 8:45-10:30am **Group Fitness** 8:30-9:15am **Group Fitness** Tuesday Wednesday 6-7am **Group Fitness Group Fitness** 9:30-10:30am 8:30-9:15am **Group Fitness** Thursday 6:00-8:30pm Adult Drop-In Basketball 6-7am Friday **Group Fitness** 

9:30-10:30am Group Fitness

Saturday 9:30am-12pm Adult Drop-In Basketball

# **General Age Requirements**

Children must be 12 and older to be dropped off at Liberty without a parent on the premises, unless in an organized Liberty program. The Tree House Activity Center is not a 'program', thus it requires parent/legal guardian to remain on the premises.

#### Fitness/Group Fitness

**Members under age 12** may use the fitness floor only when working with a personal trainer; they may use the track and the basketball court only when accompanied by a parent.

**Members aged 12 and up** may use cardiovascular equipment as well as the Free Motion and Life Fitness Insignia circuits after receiving their New Member Personal Training (NMPT), participate in group fitness classes (with the exception of Spin classes), and use the track and the basketball court.

Members aged 14 and up may use cardiovascular equipment as well as the Free Motion and Life Fitness Insignia circuits after receiving their NMPT, participate in group fitness classes (and Spin classes only when accompanied by a parent), and use the free weight area after receiving their NMPT only when accompanied by a parent or a personal trainer.

Members aged 15 and up may use cardiovascular equipment as well as the Free Motion and Life Fitness Insignia circuits after receiving their NMPT, participate in group fitness classes and Spin classes, and use the free weight area after receiving their NMPT.

#### Indoor Full-size Basketball Court

Children under age 12 must be accompanied by a parent. Ages 12 and up may use the basketball court unaccompanied. **Indoor Track** 

Children under age 12 must be accompanied by a parent. Ages 12 and up may use the indoor track unaccompanied.

#### Indoor Lap Pool

Children under **age 15** must be lap swimming **and** be accompanied by a parent

#### Locker Rooms

Boys may enter the women's family locker room, and girls may use the men's locker room until their 4th birthday. Upon children turning 4 years old, please use locker rooms of 'matching' gender, or use the Family Locker Room (co-ed) located on the east side of the indoor swimming pool. Please note there is a women's family locker room and a women's adult locker room (females must be 16 years of age to use the adult locker room).



2024

Revised August 12, 2024

# **Effective August 12 - September 1**

All hours are subject to change

# Club Hours on Summer Holidays

Please refer to abbreviated holiday hours as listed on the website.



2975 W. Liberty Rd., Ann Arbor, MI 48103 Phone 734.665.3738 • Fax 734.665.6353 www.libertyathletic.net

### **OUTDOOR SUMMER HOURS**



## **Outdoor Activity & Lap Pool**

8/12-8/25				
Mon-Fri	10am-8pm water features 10a	Outdoor Pools am   slides 12pm		
Sat/Sun	10am-8pm water features & s	Outdoor Pools lides 10am		

8/26 - 9/1				
Mon-Thu Friday Sat/Sun		Outdoor Pools Outdoor Pools		
Sat/Sun	10am-7:30pm	Outdoor Pools		

# Outdoor Adult Lap Swim - Ages 12+

7/22- 8/25					
Mon-Fri Sat/Sun	7am-10am 8am-10am	(drop-in 4 lanes) (drop-in 4 lanes)			
8/26-8/30					
M,W,F	7am-10am	(drop-in 4 lanes)			

# Drop-in Lap Swim

Every effort will be made to dedicate one lane for dropin lap swimming during recreational swim times, with the exception for high temperature days. The lap lane will be on a first come first serve basis.

# Outdoor Waterpark Age Requirement

Children under age 12 must be accompanied by a parent.

# Outdoor Summer Holiday Guest Policy

Guests are not permitted on summer holidays:

• Labor Day - Monday, September 2

# Food at the Outdoor Waterpark

Patrons may bring food to the outdoor waterpark. Glass containers are not permitted for reasons of safety.

### LAGOON ACTIVITY CENTER



The Lagoon Activity Center features our 26' Indoor Climbing Wall, a large three level Obstacle Play Park, and a half-court basketball court!

## Hours

 Mon-Fri
 5:30am-8pm

 Saturday
 7am-6:30pm

 Sunday
 7am-6:30pm

# Supervised Hours & Rockwall

 Mon-Thu
 9:30am-12:30pm ends 8/22

 Mon & Wed
 3:30pm-6:30pm ends 8/21

 Saturday
 10am-1pm ends 8/24

# Lagoon Activity Center Policies

Children under age 8 must be accompanied by a parent. Ages 8 and up may use this area unaccompanied, as long as parents remain on Liberty's premises. Climber's must weigh a minimum of 45 lbs. and a maximum weight of 250 lbs.

Children must be **5 years of age or older** to play on the Obstacle Play Park structure.



# LIBERTY LAGOON



### Lagoon Indoor Waterpark

 Mon-Fri
 5:30am-8pm

 Saturday
 7am-6:30pm

 Sunday
 7am-6:30pm

## **Indoor Waterpark Policies**

During **non-lifeguarded** Indoor Waterpark hours, children under age 15 must be accompanied by a parent in the pool area.

During **lifeguarded** Indoor Waterpark hours, children under the age of 12 must be accompanied by a parent in the pool area.

The indoor waterpark's waterslide has a height requirement of 48".

## **Weather Policies**

The Lagoon is **not scheduled to be lifeguarded** during the summer season. Should the outdoor waterpark close due to inclement weather or other circumstances, the lifeguard staff from outside will move indoors.

Liberty's Outdoor Waterpark will close if the outdoor temperature is less than 70 degrees. As a result, the 'Liberty Lagoon' indoor waterpark will open for use.

When lightning is sighted, the Indoor Lagoon Waterpark and all Outdoor Pools, must close for 20 minutes. The Indoor Adult Lap Pool will remain open for lap swimming only. Please note, during inclement weather private and group lessons may be held in the indoor adult lap pool.